

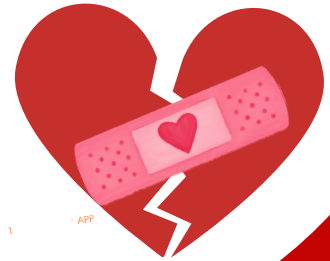


Facing Generational Trauma

Virtual Workshop

Shifa for Youth Program

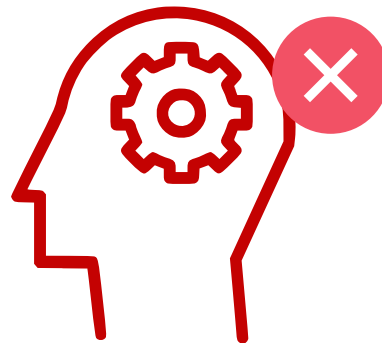
Youth-led workshops teaching the basics of mental health & wellness in our local communities.



Generational Trauma?

This youth-led workshop will introduce how the impacts of trauma and emotional fallout get passed down generations.

- Topic for youth Ages 16-30
- Chance to win a gift card!
- Interactive activities
- Ask questions to a peer
- Safe space for all



6:00-7:30 PM | March 17, 2023

[Register : gtrauma.eventbrite.com](https://gtrauma.eventbrite.com)

